

Title: Dealing with difficult behavior

Aims: To explore the issue of dealing with difficult behavior

Objectives: Develop an understanding of difficult behavior
Explore cognitive behavioral techniques
Examine a variety of intervention strategies
Look at the use of praise and verbal rewards

Target Audience:

This course is targeted for those who work with children with difficult behavior. This course provides and encourages participants to raise any questions or issues they may have. In addition the course explores a range of techniques, and looks at the underpinning psychological concepts.

Course content

- What is difficult behavior
- Psychological theories
- Cognitive behavioral approaches
- Intervention strategies
- Role of praise
- How difficult children impact upon others
- How to support children with difficult behavior
- Underlying causes
- Importance of team work and consistency

Commentary

The course is designed as an introduction to the wider topic of dealing with difficult children; it enables participants to explore issues around difficult children. The course enables the participants to explore the various psychological models and approaches.

This is ideally suited to those who work with children with difficult behavior, it enables team development around this area. It provides an excellent starting point and the supportive environment enables plenty of opportunities for questions and feedback.