

Title: Therapeutic Play

Aims: To learn about the importance of play for children

Objectives: Understand 'play' and its importance
Exploring therapeutic play
Develop effective skills to encourage therapeutic play
Sharing good practice at work

Target Audience:

This course will greatly aid anyone who may have to deal with, or support children. It provides basic information on therapeutic play, and explores a range of techniques that can be used with children.

Course content

- Understanding therapeutic play
- Learning styles
- Play stages
- Role of the unconscious
- Case study
- Usual development ranges
- Play therapy techniques
- Using play to communicate
- Evaluations and endings

Commentary

The course examines therapeutic play, and enables participants to understand the concept of therapeutic play. It also explores the concept of the unconscious mind, and how this can be accessed through play techniques. Participants will practice a range of therapeutic techniques, and have the opportunity to evaluate their effectiveness. The use of case studies enables participants to discuss issues that are relevant to their background and vocational experience.