

Title: Corporate Team Building

Aims: To look at team work and bonding.

Objectives: Understand group dynamics
Develop problem solving strategies
Understand your personality type
Team roles and behaviors
Explore group theory

Target Audience:

The course is to enable team bonding and development to occur, this is for groups of staff who have to work in teams. It develops positive team dynamics and encourages open communication systems.

Programme

- Group dynamics
- Group shift
- Group think theory
- Psychology of personality
- Team roles
- Communication methods
- Problem solving strategies
- Team focus
- Valuing the positive
- Environmental factors
- Group culture

Commentary

This course has been run for new and existing teams, it focuses on theory and communication methods. In addition it explores group theory and looks at how to change group culture.

It is pre established that there is a focus for the day that the group can work towards. This may be a policy and procedure, a mission statement, a group organizational chart explaining differing roles and responsibilities in the team. This has been delivered to community teams and office based teams, and allows the participants to explore group theory as well as examine their own working practice and develop alternative responses.