

Title: Sex Relationship therapist

Aims: To develop basic techniques required to become a sex relationship therapist.

Objectives: Examine differing sexual relationships
Explore common problems than can occur
Develop history taking skills
Practise overcoming embarrassment of clients

Target Audience:

This course is aimed for those who wish to become sex relationships therapist. It focuses upon typical behaviour and the interventions that are most successful and appropriate to use.

Course Content

- Overcoming embarrassment
- Sexual classification
- Interventions
- Psychological attraction
- Importance of history taking
- Working with couples
- Case studies
- Patterns of behaviour
- Examining sex drive
- Cultural and gender values

Commentary

This course covers most of the issues within modern sex/ relationship counselling. There is a focus upon intervention strategies and methods of dealing with common themes that can occur within this group. In addition there is the opportunity to develop and practice appropriate interventions.